






















Fall 2009



5-Week Cycle

MENU IS SUBJECT TO
CHANGE WITHOUT NOTICE

Classic Café Lunch Menu

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|---|--|--|---|--|
| Week 1 | <p>Hamburger with Cheese on Wheat Bun Lettuce & Tomatoes Oven Fries 2</p> <p>Alternative Entrées Salad Bar Ham Sandwich </p> | <p>Hard or Soft Shell Tacos Lettuce, Tomatoes & Cheese Fixing Mexican Corn & Rice Bake 3 </p> <p>Alternative Entrées Salad Bar Turkey Sub</p> | <p>Chicken Parmesan over Pasta California Blend Whole Wheat Dinner Roll 4 </p> <p>Alternative Entrées Salad Bar Egg Salad Pita </p> | <p>Sausage Pizza Green Beans Mixed Fruit 5 </p> <p>Alternative Entrées Salad Bar Turkey Ranch Wrap </p> | <p>Chicken Stir Fry Brown Rice Fortune Cookie 6 </p> <p>Alternative Entrées Salad Bar Yogurt Pak </p> |
| | Week 2 | <p>All Beef Hot Dog Tator Tots Baked Beans 9 </p> <p>Alternative Entrées Salad Bar Ham Sandwich </p> | <p>Mexican Lasagna Lettuce Salad 10 </p> <p>Alternative Entrées Salad Bar Turkey Sub</p> | <p>Chicken Patty on Wheat Bun Sweet Potato Fries Assorted Vegetables 11</p> <p>Alternative Entrées Salad Bar Egg Salad Pita </p> | <p>Cheese Bread with Marinara Sauce Tossed Italian Salad 12 </p> <p>Alternative Entrées Salad Bar Turkey Ranch Wrap </p> |
| Week 3 | | <p>Potato Crunch Fish Nuggets Mac&Cheese Peas Wheat Dinner Roll 16</p> <p>Alternative Entrées Salad Bar Ham Sandwich </p> | <p>Cheese Pizza Peas Fresh Fruit 17</p> <p>Alternative Entrées Salad Bar Turkey Sub</p> | <p>Sack lunches Elementary Crispitos/ HS/Middle Corn Peaches 18</p> <p>Retiree Turkey Dinner</p> | <p>Oven Roasted Turkey Mashed Potatoes & Gravy Mixed Vegetables Dinner roll 19 </p> |
| | Week 4 | <p>Cheese Pizza Caesar Salad 23 </p> <p>Alternative Entrées Salad Bar Ham Sandwich </p> | <p>Oven Roasted Chicken Legs Barley Bake Pilaf Broccoli Multi Grain Dinner Roll 24 </p> <p>Alternative Entrées Salad Bar Turkey Sub </p> | 25 | 26 |
| Week 5 | | <p>Chicken Tenders Oven Brown Potatoes String Beans Sliced Wheat Bread 30</p> <p>Alternative Entrées Salad Bar Ham Sandwich </p> | | | |